Renew AND Restore

Journey to Hope



An 8 week workshop for people struggling with the loss of a loved one.

Myths about Grief:

- TIME HEALS ALL WOUNDS
- REPLACE THE LOSS
- GRIEVE ALONE
- BE STRONG
- DON'T FEEL BAD
- KEEP BUSY

These statements are NOT correct! This workshop will assist you to complete the grief process.

Grief is the conflicting group of human emotions caused by an end to or change in a familiar pattern of behavior

Starting February 5, 2018

Journey to Hope will meet the 1st and 3rd Monday for 8 weeks starting February 5, 2018

Time: 5:30-7:00 pm

Where: 408 4th St N Jacksonville Beach, FL 32250

Cost: $25 per individual ($200 for 8 wks) or $35 for family or couple ($280 for 8 wks)

Patty Mohler Counseling
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Jacksonville Beach, FL

PLEASE CALL TO RESERVE